

October 2020 Menu for MCIC

Student Menu - September 28-October 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selvita Blueberry Breakfast Biscuit Cheese Stick Juice	Breakfast Kit W/Cereal WG Snack Juice Orange Smiles	Cinnamon Toast Crunch Cereal Bar Fresh Fruit Juice	Cinni Minis Cheese Stick Banana Juice	Pancakes Diced Peach Cup Juice
Lunch	Breaded Chicken Patty on a WG Bun Smiley Fries Applesauce	Chef Boyardee Ravioli Breadstick Carrot Coins Cottage Cheese Fresh Fruit	Macaroni & Cheese Green Beans Muffins Diced Peaches in Lite Syrup	Turkey Casserole Peas & Carrots Muffin Diced Pears in Lite Syrup	Pepperoni Pizza Calzone Green Beans Tropical Fruit

Student Menu - October 5-9					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Fruit Frudel Cheese Cubes Fresh Fruit Juice	Breakfast Kit W/Cereal WG Snack Juice Orange Smiles	Cheese Omelet Biscuit Pineapple Tidbits Juice	Cinnamon Toast Crunch Cereal Bar Fresh Fruit Juice	Mini Strawberry Bagel Tropical Fruit Juice
Lunch	Breaded Chicken Patty on a WG Bun Sweet Potatoes Diced Peaches in Lite Syrup	Macaroni & Cheese Green Beans Honey Bran Muffin Applesauce	Pepperoni Pizza Smiley Fries Pineapple Tidbits	Cheeseburger Carrot Coins Mandarin Oranges Ice Cream Cup	Beef Stew Peas & Carrots Biscuit Applesauce

Student Menu - October 12-16					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Banana Breakfast Bread Diced Peach Cup Juice	Breakfast Kit with Cereal WG Snack Juice Orange Smiles	Yogurt with Granola Graham Snack Juice	Mini Donuts Cheese Cubes Diced Pear Cup Juice	No School
Lunch	Meat & Cheese on a WG Sub Bun Potato Salad Pineapple Tidbits WG Cookie	Chef Boyardee Ravioli WG Breadstick Carrot Coins Cottage Cheese Fresh Fruit	WG Breaded Chicken Tenders Mashed Potatoes w/Gravy WG Dinner Roll Applesauce	Tuna Salad on WG Bun Vegetable Soup w/crackers Mandarin Oranges	No School

Student Menu - October 19-23					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	No School	Breakfast Kit w/Cereal WG Snack Juice Orange Smiles	Strawberry Oatmeal Bar Cheese Cubes Juice	Blueberry Muffin Mozzarella Stick Manardin Oranges Juice	Cinnamon Toast Crunch Cereal Bar Fresh fruit Juice
Lunch	No School	Sloppy Joes Sweet Potatoes Diced Pears in Lite Syrup	Breaded Chicken Nuggets Mashed Potatoes with Gravy Dinner Roll Applesauce	Ham & Cheese on a WG Bun Three Bean Salad Tropical Fruit	Cheesy Pizza Oven Fries Mandarin Oranges Ice Cream Cup

Student Menu - October 26-30

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Poptart Pineapple Tidbits Juice	Breakfast Kit w/Cereal WG Snack Juice Orange Smiles	Trix Cereal Bar Fresh Fruit Applesauce Cup Juice	Belvita Blueberry Breakfast Biscuit Cheese Stick Juice	Very Berry Breakfast Bread Applesauce Cup Juice
Lunch	WG Breaded Chicken Patty on a WG Bun Smiley Fries Applesauce	Lasagna Rollups Green Beans Garlic Bread Tropical Fruit	Macaroni & Cheese Green Beans Muffin Diced Peaches in Lite Syrup	BBQ Riblet on a WG Bun Green Beans Mandarin Oranges WG Sugar Cookie	Chicken Noodle Soup Bosco Sticks Carrot Coins Pineapple Tidbits Halloween Treat