

September 2019 Lunch Menu, Marion D. Crouse Instructional Center

Notes: Menu is subject to change. All meals include 1% white and 1% chocolate milk. Fresh fruit available daily. Marion D. Crouse Instructional Center participates in the Community Eligibility Program. Meals are free to all students.

Questions? Contact Cindy Shaheen at 810-591-8677.

Adult prices are \$4.00 for Lunch. \$3.00 for Foster Grandparent's lunch. Milk is \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	BBQ Chicken pizza, Steamed broccoli, Pineapple tidbits	Cheeseburger on a WG bun, Whole kernel corn, Diced pears in lite syrup	Breaded chicken tenders, WG dinner Roll, Mashed potatoes with gravy, Applesauce	Breaded fish nuggets, WG dinner roll, Mixed vegetables, Mandarin oranges
9	10	11	12	13
Chicken quesadilla, Baked beans, Fresh fruit, WG Sugar cookie	Tomato soup with crackers, Bosco sticks, Green beans, Diced peaches in light syrup	Soft tortilla shell with meat and cheese, Black beans, Salsa, pineapple tidbits	French toast sticks with syrup, Sausage patty, Hash brown, Applesauce	Cheeseburger, Smiley fries, Pineapple tidbits, Sugar cookie
16	17	18	19	20
WG breaded chicken nuggets, Mashed potatoes with gravy, WG dinner roll, Diced peaches in lite syrup	Lasagna roll ups, Green beans, Garlic breadstick, Mixed fruit in lite syrup	Beef stew, Mixed vegetables, Biscuit, Watermelon	Pepperoni pizza, Normandy blend vegetables, Diced pears in lite syrup	Nacho supreme with meat & cheese, Spanish rice, Refried beans, 100% juice
23	24	25	26	27
Hot ham & cheese on a WG bun, Baked beans, Cantaloupe	Homemade turkey casserole, Biscuit, Peas and carrots, 100% juice	BBQ Riblet on a WG bun, Green beans, Pineapple tidbits, WG sugar cookie	Pasta with meat sauce, WG breadstick, Coleslaw, Mandarin oranges, Sorbet cup	NO SCHOOL
30	October 1	2	3	4
Pizza calzone, Whole kernel corn, Tropical fruit, Goldfish crackers	Menu to come	Menu to come	Menu to come	Menu to come

September 2019 Breakfast Menu, Marion D. Crouse Instructional Center

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Adult prices are \$2.50 for Breakfast. \$2.00 for Foster Grandparent's Breakfast. Milk is \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	Apple frudel, Cheese stick, Diced pears in lite syrup	Breakfast kit with Cereal, WG snack, 100% juice, Orange smiles	WG blueberry muffin, Yogurt with granola, 100% juice	WG Pop Tart, Applesauce cup
9	10	11	12	13
Mini strawberry bagels, Cheese stick, Tropical fruit	Cinnamon Toast Crunch cereal bar, Fresh fruit, 100% juice	Breakfast kit with Cereal, WG snack, 100% juice, Orange smiles	Mini strawberry bagels, Cheese stick, Mandarin oranges	WG Pop Tart, Applesauce cup
16	17	18	19	20
Cinni Minis, Cheese cubes, Pineapple tidbits	Mini pancakes, Cheese stick, Diced peaches in lite syrup	Breakfast kit with Cereal, WG snack, 100% juice, Orange smiles	Mini donuts, Cheese cubes, Tropical fruit	WG Pop Tart, Applesauce cup
23	24	25	26	27
Trix cereal bar, Fresh fruit, Applesauce cup	WG blueberry muffin, Yogurt with granola, 100% juice	Breakfast kit with Cereal, WG snack, 100% juice, Orange smiles	Chocolate chip granola bar, Cheese cubes, 100% juice	NO SCHOOL
30	October 1	2	3	4
Banana breakfast bread, Diced pears in lite syrup	Menu to come	Menu to come	Menu to come	Menu to come